

Fuse, Fold and Stitch Method: Floral Wreaths with Connie Trigger

In this half day workshop I will show you how to make floral wreath wall hangings using the Fuse, Fold and Stitch method. We will complete the wreath section of at least one wall hanging and talk about border, quilting or tying options for you to finish up on your own.

Since choosing fabric with an appropriate pattern is very important to creating the wreath-like appearance, participants will use one of several floral options that I will provide in the required, included kits at the workshop. The kit will contain a second piece of interfacing so you can try another wreath with your own fabric later if you'd like. I will provide layout guides for several different floral arrangements.

Supply list

Participants will set up and clear their work space for three successive stages:

- A. Cutting fabric
- B. Laying out and then fusing the squares
- C. Sewing the squares

A. For cutting the fabric

Rotary cutter

- Blade in good shape!

Cutting mat

Ruler for cutting provided fabric into strips and then squares

- 24" long would be adequate
- If you have a Stripology ruler that will work, too.

B. For Laying out and fusing the squares

(If you would like to try making a basket of flowers, bring some fabric with lines that can be alternated to create a woven appearance or a basket pattern. $\frac{1}{4}$ " yard would be more than enough. I'll have some with me.)

Iron

Ironing surface that is at least 18" x 18" to serve as your work area for this stage

- On projects larger than my ironing mat or board, for the layout and fusing steps I use thick towels that I layer and/or fold to about 1 $\frac{1}{2}$ " - 2" thick and large enough for my project. Then I don't need to carry the project to another space for fusing and risk squares moving out of place.

White or very light colored fabric to put over the ironing surface

- Sheet, pillow case, piece of fabric, etc. This will be used between the ironing surface and interfacing to increase the visibility of the grid lines. Because, of course, the grid lines are on the back side! Argh! If your ironing surface is already white or light colored then you don't need the extra fabric.

Dryer sheet (new or used) to clean your iron's faceplate if any adhesive gets on there.

C. For sewing

Sewing machine in working order

- A walking foot is helpful but not required

Typical sewing supplies

- Seam ripper, pins, etc.
- Scissors – we will be snipping seam intersections so scissors should be sharp. Spring loaded versions are helpful but not required.

Thread

- Bring white, off white and black to coordinate with the fabric options.
- Several filled, or ready to fill, bobbins.